



Covid-19 Statement

March 20th

It was announced by the Prime Minister and First Minister of Wales today that the UK would be following lockdown restrictions from March 23rd 2020.

This has understandably created some panic and uncertainty in our community. We have put together a guidance to help you through this difficult period.

1. Deep clean your facility and equipment.

This weekend, while you have the opportunity, it may be advisable for you to deep clean and sanitise any equipment or your facility. This will need to be repeated upon return, but if you have access and resources, it would be good practice to have the areas as clean as possible for your return

2. Check your insurance

Many of you will turn to teaching online. Check your insurance covers you to coach in this way. It should also give you maximum ratios of participants. It is worth noting that the Welsh Assembly Government guidelines state two teachers in every video call with students for safeguarding purposes, so it would be good practice to model this behaviour.

3. Assess the risks

You should complete a risk assessment for this style of coaching. This should include how you will deal with any issues that happen in your lessons. A template is available from SportCheer Wales for this

4. Review your safeguarding policy

At this time, it would be good practice for you to review – and update if necessary – your safeguarding policy to ensure you can still deliver the same level of protection in online lessons.



5. Update your social media policy

You need to make sure that your social media policy incorporates policies for this form of coaching session. Review and update your policy if needed.

6. Keep engagement up

We have no idea how long these restrictions will be in place. Anything you can do to keep your athletes engaged will be of a benefit to you. Put the emphasis on safety and conditioning at this time.

7. Reach out for help

If you need assistance, contact info@SCWales.org to help you